**Saotome Sensei's Kumi-jo**

**Kumi-jo #1:**

A) Left Hanmi; Left hand on middle of jo in thumb up grip, right hand on top of jo with thumb down grip

B) Left Hanmi; Left hand on middle of jo in thumb up grip, flips bottom up to right hand and initiates with tsuki attack

A) executes small spiral deflection into tsuki

B) responds with a tip down rising block on the left side by moving to the right (back foot moves first); does another tsuki to A)'s left side

A) executes tip-down rising block, continues directly into right yokomen strike

**Kumi-jo #2:**

A) Left Hanmi; Left hand on middle of jo in thumb up grip, right hand on top of jo with thumb down grip

B) Left Hanmi; Left hand on middle of jo in thumb up grip, flips bottom up to right hand and initiates with tsuki attack

A) executes small spiral deflection into tsuki

B) responds with a tip down rising block on the left side by moving to the right (back foot moves first), in one motion continues into right ashi strike

A) when tsuki misses, realizes that is open on the left, steps directly around with right foot towards B)'s center, simultaneously pushes end of jo forward and up with the left hand; this allows the opposite tip to plant in the ground, drops to left knee, right knee up and directly at B)'s center, jo is held at a

**Kumi-jo #2 (Cont.)**

ninety degree angle to the right forearm, firmly planted in the earth, remove left hand to a finger tip up position just behind the jo (keeps fingers from

being hit); as B)'s strike misses knee by being blocked, immediately tsuki to B)'s throat to finish

**Kumi-jo #3:**

A) Left Hanmi; Left hand on middle of jo in thumb up grip, right hand on top of jo with thumb down grip

B) Left Hanmi; Left hand on middle of jo in thumb up grip, flips bottom up to right hand and initiates with tsuki attack to A)'s right knee

A) Steps back and to the left at ninety degrees to the angle of attack, allows weapon to deflect A)'s attack, forces A) to withdraw to continue the attack

B) draws back and to the right, immediately does another tsuki to A)'s left side

A) steps straight forward (still at ninety degrees to the original line), releases left hand and moves it to the opposite end of the jo (now the bottom end), weapon held vertically, as B)'s tsuki comes towards left side, twists counter clockwise and executes a swinging cutting block to B)'s jo (is really a wrist break), after B)'s jo is knocked down, draws own jo back and does tsuki attack to B)'s left side to finish

**Kumi-jo #4:**

A) Left Hanmi; Left hand on middle of jo in thumb up grip, right hand on top of jo with thumb down grip

B) Left Hanmi; Left hand on middle of jo in thumb up grip, flips bottom up to right hand and initiates with tsuki attack to head

**Kumi-jo #4 (Cont.)**

A) Executes hasso gaeshi spiral deflection (up to jodan hasso), low hand is palm up with the jo held between thumb and forefinger, top hand is in thumb down fingers up grip;

B) Continues attack by allowing jo to be deflected then gathering it in and doing another tsuki to A)'s side

A) As B) attacks left side, twists counter clockwise, brings jo around and drops the high tip into a deflection of B)'s tsuki without changing the grip on the jo, this will leave A) with left foot forward, legs twisted, jo tip to the rear, left hand forward, right hand across body and behind left hand; immediately step out of twisted posture with right foot and tsuki to B)'s side to finish

**Kumi-jo #5:**

A) Left Hanmi; Left hand on middle of jo in thumb up grip, right hand on top of jo with thumb down grip

B) Left Hanmi; Left hand on middle of jo in thumb up grip, flips bottom up to right hand and initiates with tsuki attack

A) slides back (stays in left hanmi), draws jo up and over the head (this is also a deflection) and drops jo down to a position in which it rests across the back; counters with an over head one-handed strike to B)'s head (steps forward with right foot)

B) Jumps back out of range while protecting left side by holding the jo along side his body, then as A)'s strike swings past, jumps in at A) with another tsuki attack to the side

A) As strike misses, allows jo to swing up into high position, right foot forward, right hand on the end of the jo in a palm-out grip and the left hand in middle of jo in a back-hand grip; as B) does tsuki to right side move off the line to

**Kumi-jo #5 (Cont.):**

the left at 45 degrees, does a dropping tsuki to B)'s throat by striking back to the line, (ends with right foot forward, facing away from the line of attack and doing a tsuki to the right at 90 degrees )

**Kumi-jo #6:**

A) Left Hanmi; Left hand on middle of jo in thumb up grip, flips bottom up to right hand and initiates with tsuki attack

B) Left Hanmi; Left hand on middle of jo in thumb up grip, Flips bottom up to right hand and executes left to right small spiral deflection into tsuki

A) In response to B)'s tsuki executes left to right small spiral deflection into tsuki

B) Draws back into low position with jo held in right hand; executes right hand strike up under A)'s elbow

A) Steps back with left foot, drops down to left knee, holds jo at side with end up to protect head

B) When rising strike misses, the jo continues up to overhead position with right hand in backhand grip and left hand with palm towards B), immediately strikes with left yokomen

A) stands up and steps directly to B)'s center and executes falling spiral deflection ending with tip at B)'s throat