**Chiba Sensei's Jo Form**

*Note: In Part 1 the partner who initiates wins*

***Part I***

A) Left hanmi, hiking staff grip, right hand in thumbs down on top position

B) Same kamae, initiates w/ tsuki to heart

A) Moves right (front foot moves first), tip down block on the left, strikes w/ right yokomen

B) Stays in left hanmi, slides straight back into high tip down block and catches A)'s jo, executes makiotoshi spiral projecting A)'s weapon out and down, then follows up w/ a tsuki to A)'s open right side

A) As jo is projected to the ground on the left, releases left hand, executes step turn starting w/ left foot, replaces left hand in front of right and slides right hand to end, ends up in tip down block (left hanmi), then does tight spiral into tsuki to B)'s throat

B) moves right, executes tight tip down block on left, moves into right yokomen

A) steps *straight back* w/ left foot while simultaneously executing overhead deflection and strike (target in reality would be the hands) after knocking down B)'s jo, move in with tsuki to throat (right hanmi)

B) moves left, ducks under rising tip down block, finishes Part 1 w/ left ashi strike

***Part II***

*InPart II the person who initiates loses (B wins)*

B) In left hanmi, just having struck A)'s knee

A) tsuki to B)'s backside (left hanmi)

B) Moves left hand to front tip, twist 180 degrees, takes back end of jo and cuts A)'s hand off weapon, steps *back with right foot* into left hanmi and tsuki

A) As B) cuts left hand off the jo, releases it and then replaces at jo's center, as B) does tsuki, execute propeller deflection and execute tsuki (left hanmi)

B) Tip is knocked down, step around weapon w/ right foot thereby winding, execute windshield wiper deflection (in reality a strike) and immediately bounce up into high position tip down block on the left (feet together, knees bent, left foot slightly forward), tsuki to the *throat*

A) Moves right, tip down block on the left, strikes w/ right yokomen

B) Moves right, release left hand and move it to other end of weapon (palm down) about 20% from the tip, release left hand and move it to the opposite end, execute same windshield wiper deflections as above, end as in previous move, tsuki to the side of the head

A) Executes walk around into tip down block (left hanmi), tsuki to the throat

B) Moves right, small tip down block into right yokomen (as in Part I)

A) Slides straight back into crouching tip to the rear (on right) position, as B)'s yokomen passes by, rises up steps w/ right foot and does *large* shomen strike (as in Part I comes right over the center)

B) As right yokomen misses A), allow jo to continue into gedan hasso on the left (requires mid-swing hand change, right hand on the end, thumbs opposing grip), as A) lifts for the shomen strike, switch hanmi and extend tip *as if* striking up under the arms, then execute makiotoshi *on the fly* and tsuki

A) Turn right hand grip over, as B) attacks right side, twist *(do not step back)* and execute tip down vertical deflection (as in the kumitachi) on the right, continue into cut to B)'s weapon and slide forward w/ right foot for tsuki (jo is on left side of body)

B) executes propeller deflection and again does tsuki to A) side

A) same vertical tip down deflection as above but *step back w/ right foot, switches hands* so that he is in left hanmi w/ left hand forward and tsuki to the throat (weapon is on the right side of the body)

B) Tip down rising block, step forward w/ right foot, drop to left knee, and strike A)'s left knee

A) Drop tip to the left, rock back and in one continuous motion execute vertical tip down block on the left (do not change hanmi, just twist) and continue into shomen strike

B) Still on knee, catches A)'s shomen strike w/ flat rising block (tip to the right and instantly stands, executes spiral deflection into shomen for finish to Part II